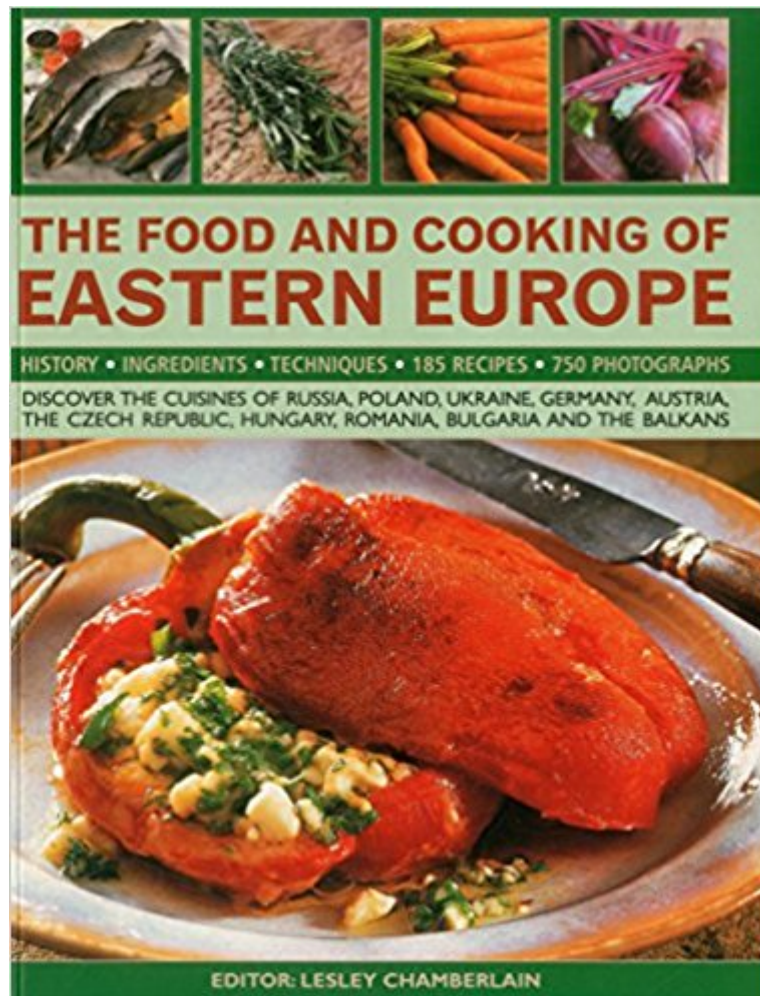




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# The Food And Cooking Of Eastern Europe: Discover The Cuisine Of Russia, Poland, Ukraine, Germany, Austria, The Czech Republic, Hungary, Romania, Bulgaria And The Balkans





## Synopsis

Over 185 recipes offer a cook's tour of a region that stretches from the Baltic Sea in the north to the Black Sea in the south, with a culinary history, guide to ingredients and over 750 inspiring photographs.

## Book Information

Paperback: 256 pages

Publisher: Southwater (April 7, 2015)

Language: English

ISBN-10: 1780194056

ISBN-13: 978-1780194059

Product Dimensions: 6.6 x 0.6 x 8.8 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 4 customer reviews

Best Sellers Rank: #718,722 in Books (See Top 100 in Books) #46 in Books > Cookbooks, Food & Wine > Regional & International > European > Russian

## Customer Reviews

"The value of home-cooked food is probably one I owe almost entirely to Eastern Europe. I found it a joy to come across a world in which, although dented by shortages in an ill-managed economy, the culture of food was still intact. Above all, the food industry was innocent compared with its Western counterpart, and the link between town and country persisted more or less unbroken from before the war. Markets were still more frequent than supermarkets, and there was no need to go to 'health' shops to buy whole grains, jam that was actually made of fruit, and superb dairy products at honest prices." --This text refers to an alternate Paperback edition.

Lesley Chamberlain began her acquaintance with Eastern Europe with a year in Russia as a Reuters correspondent, followed by independent travels. From 1991-99 she was a judge for the International Langhe Ceretto prize awarded to books on food and culture, and she is the author of a number of cookbooks.

I love cookbooks that contain culture and history as opposed to just listing recipes. This book is infused with historical and cultural background, and the recipes sound delicious...

I bought both this book and "Russian, German & Polish Food & Cooking" and was very disappointed to find that both books are identical in content, including photos. The smaller size of "The Food and Cooking of Eastern Europe" is the only difference.

I purchased this book to learn how to cook Serbian food and it has a great mix of Eastern European recipes. The recipes are great and the pictures are clear. Great buy for the price!

I bought this book looking for a specific recipe that my Serbian grandmother used to make called "Civapcici", (ground meat with spices added, which must be grilled). Looking through the book I found a related recipe for "Mititei" from Romania which is identical... the only difference being that baking soda is added to the mixture. I've seen recipes for civapcici before, but the spice mixture was not the same as what I was used to. The recipe Lesley Chamberlain listed was exactly what I was looking for. There is a wealth of recipes from all over Eastern Europe in this book. Although not every recipe my grandmother used to make is listed such as "Gibanica" (an hors d'oeuvre type of food made with a Serbian cream cheese baked in phyllo pastry), this book is very comprehensive. I gave this book a 4 only because I could not find one or two recipes that I thought should be listed. What recipes that are listed, are exactly as you would find them in Europe. If you ever traveled to Eastern Europe and you long to make some of the dishes you tasted while on your journey... this book is the one for you.

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